

SECONDARY 2018

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
08/01/18 05/02/18 13/03/18 23/04/18 21/05/18 01/06/18	Butternut Squash Soya Pasta Country Diced Potato Sweetcorn, Slice Bread OR Jacket potato with Toppings Frozen Yogurt or Fresh Fruit	Veggie Mince Balls with Tomato Sauce Spaghetti, Hash Brown Garden Peas OR Jacket potato with Toppings Cherry Cake & Custard	Vegetable Pasta Bake New Potato Steamed Carrot , Coleslaw OR Jacket potato with Toppings Mixed Fruit Oat Crumble With Custard	Vegetable Moussaka Garlic Bread Broccoli, Slice Bread OR Jacket potato with Toppings Ice Cream	Meet Free Sausages Mash Potato Baked Beans, Mix Veg OR Jacket potato with Toppings Fruit Jelly
Allergy Advice	Pasta Contain: Wheat & Soya	Pasta & Crumble contains: Soya, Wheat, Barley & Gluten Custard: Milk, Wheat & Gluten	Pasta Contain: Wheat, Gluten Custard : Milk Crumble: Wheat & gluten	Moussaka Contain: Soya, wheat, Gluten, barley, Milk Ice Cream: Milk	Sausage Contains: Soya, Wheat, Gluten Sulphur Mash: Milk
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
15/01/18 19/02/18 19/03/18 30/04/18 04/06/18 02/07/18	Vegetable Kiev Pasta Sauce Sweetcorn Carrots mix Slice Bread Jacket potato with Toppings Fruit Cocktail	Cauliflower Cheese Pasta New Potato Carrot , Coleslaw Jacket potato with Toppings Apple Pie Crumble & Custard	Tagliatelle in Tomato sauce Baked Beans, Mix Veg Fresh Salad Jacket potato with Toppings Frozen Yogurt	Cheese Tomato Pizza Pasta King , Baked beans Sweet corn Salad Jacket potato with Toppings Chocolate Cake & Custard	Vegetarian Lasagne Garlic Bread Broccoli Jacket potato with Toppings Ice Cream
Allergy Advice	Contain: Wheat, Gluten, Milk	Contain: Wheat, Gluten, Milk, Lupin	Contain: Wheat, Gluten	Contain: Wheat, Cereal Containing Gluten, Milk	Contain: Wheat, Soya, Barley, Milk
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
22/01/18 26/02/18 26/03/18 07/05/18 11/06/18 09/07/18	Stir fry Noodles Tortilla chips Sweetcorn Jacket Potato with Toppings Little star yogurt, Fruit Flapjack	Home Made Pasta Carrots Slice Bread Vegetable Samosa Jacket Potato with Toppings Rice Crispy	Vegetable Kiev Spiced Vegetable Rice OR Jacket Potato with Toppings Chocolate Mousse	Vegetarian Burger Pasta King Potato Wedges Hoops Jacket Potato with Toppings Pineapple Rings	Macaroni Cheese Sweetcorn, Carrots mix Bread Roll Jacket Potato with Toppings Cherry Cake with Custard
Allergy Advice	Wheat, May Contain Trace of barley	Wheat, Gluten Milk	Milk, Wheat, Gluten	Wheat, Gluten & Sulphile 10ppm, Milk	Gluten, Wheat, Lupin, Milk
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
29/01/18 05/03/18 16/04/18 14/05/18 18/06/18 16/07/18	Cheese Tomato Pizza Corn on Cob, Baked beans New Potato Jacket Potato with Toppings Peach Slices, Yogurt	Mutter Paneer with rice Pasta King Carrots Natural Yogurt Jacket Potato with Toppings Orange Mango Smoothies	Cheese Onion Slice Sweet corn Roast Potato Jacket Potato with Toppings Apple & Blueberries Crumble with custard	Vegetarian Moussaka Mix Vegetables Potato Smiles Cherry Tom & Leaf salad Jacket Potato with Toppings Strawberry Mousse, Fruit	Tomato Sauce Spaghetti Tortilla chips Carrots & Swede Mix Veg Jacket Potato with Toppings Chocolate cake with Custard
Allergy Advice	Wheat, Cereal Containing Gluten , Milk	Wheat, Gluten, Milk	Milk & Wheat, Gluten	Soya, Wheat Gluten & Milk	Wheat, Gluten, Milk

N.B. Jacket Potato, Fresh salad and bread available every day. Fresh fruit & Yogurt available as an alternative to the desert of the day.

Sandwich for Cold side will be available every day.

Gluten free is there as before.