



# Guru Nanak Multi Academy Trust Ltd

Incorporating:  
Nanaksar Primary School &  
Guru Nanak Sikh Academy  
Founder – Sant Baba Amar Singh Ji



6<sup>th</sup> December 2021

Dear Parent

## RE: The PIPA Trial

We are writing to you about The PIPA Trial which is being conducted by the University of Warwick. Guru Nanak Sikh Academy (GNSA) are collaborating with the research team on this trial which is exploring the effectiveness of an online resource for parents/carers to help reduce depression and anxiety in young people.

Families of young people aged **11-15 years** at GNSA are being invited to take part (please note that your name and address details have not been shared with the trial team). Please see the 'Safeguarding & Wellbeing' link below which will give you and your child more details of the trial and what your participation would involve.

If you have any questions about the trial and would like to find out more information, please contact the PIPA trial team using the contact details below. Mr Perryman is the 'PIPA champion' for GNSA and you can also speak to them about the trial.

If you are interested in taking part in the trial, please visit:

<https://ctu.warwick.ac.uk/PIPAmobile/parent-consent> to register. You will need to enter this code, **22106751**, to access the database and to provide consent for you and your child to take part.

For further information about the PIPA trial or for support with mental health, please visit the school website Safeguarding and Wellbeing pages (link below):

[Safeguarding & Wellbeing Link](#)

Thank you for taking the time to read this letter. We look forward to hearing from you.

Yours faithfully

GNSA Safeguarding Team and The PIPA Trial Team

### PIPA Trial Team – University of Warwick

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